

"For your own protection; for the safety of your family and the community"



HEALTH DECLARATION CHECKLIST

TO ALL TRAVELERS:



IMPORTANT REMINDER: Accomplish this form honestly and completely to facilitate quarantine procedures. Anyone found giving false information is liable and punishable in accordance with Philippine laws.

Travel History:

Arrival Date _____ Port of Origin _____ Flt # _____ Seat #: _____

Countries visited for the past two (2) weeks:

Personal Data:

Name: _____

Last Name

First Name

Middle Name

Sex _____ Age _____ Nationality _____ Civil Status: _____

Occupation:

Works in a Hospital, clinic or nursing home

Household help

Other (specify): _____

Address in the Philippines _____

Tel / Mobile No. _____

Please check if you have any of the following at present or during the past 14 days:

Fever Cough Severe Diarrhea

Headache Difficulty of Breathing

Sore Throat Unexplained Bruising or Bleeding

Body Weakness others (specify) _____

	Yes	No
Did you visit any health worker, hospital, clinic or nursing home?	<input type="checkbox"/>	<input type="checkbox"/>
Did you visit any poultry farm or animal market?	<input type="checkbox"/>	<input type="checkbox"/>
Were you confined in a hospital?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have any household member/s, or close friend/s who have met a person currently having fever, cough and/or respiratory problems?	<input type="checkbox"/>	<input type="checkbox"/>
Did you take anti-fever medication during the last 4-6 hours?	<input type="checkbox"/>	<input type="checkbox"/>

Signature of Passenger / Crew

Note: If you have been to a MERS-CoV affected country/ies:

- a. Monitor your health for at least fourteen (14) days.
- b. Should you develop signs and symptoms, cover your mouth and nose with a piece of cloth, handkerchief or surgical mask to prevent spread of infection.
- c. You may call any of the following numbers:

Bureau of Quarantine

Tel. No. (632) 320-9101

Tel. No. (632) 320-9107

OPCEN-HEMS

Tel Nos. +63 922-884-1564

+63 920-949-8419

+63 915-772-5621

National Epidemiology Center (NEC) Tel. No. (632) 743-1937

Department of Health (DOH)

Tel. No. (632) 743-1937

For Foreign Tourists: If you have developed signs and symptoms during your stay, please contact the local health authorities for management and coordination with the Department of Health.

To the PHYSICIAN:

The bearer has recently been abroad, and could have been exposed to MERS-CoV. Please refer the individual to the Municipal Health Officer or to the Bureau of Quarantine or Center for Health Development (CHD) for further management and monitoring by the Surveillance Unit of the Area.

(Sgd.) **EMMANUEL C. LABELLA, MD, MHA, CESE**

OIC-Director IV

Bureau of Quarantine

Approved:

(Sgd.) **ENRIQUE T. ONA, FPCS, FACS**

Secretary of Health